



Open Gym Frequently Asked Questions

- **Who can participate in Open Gym?**
 - All participants must be active Northfield YMCA members
 - All participants must be living in the same household (not required that they are in the same family unit in Daxko)
 - All ages allowed - 14 and under must be with an adult (18+) from their household and supervised
 - Maximum of 5 people per quarter of the gym (if you have 10 members in your household, please reserve 2 gym quarters)
- **How do I register for a time slot?**
 - Registration is done online - please view our [How to Register](#) document for details
 - Please only register one member for your time slot - you will be asked upon registration to list the other members attending (maximum of 5 total)
- **What equipment may be used?**
 - 1 basketball and/or volleyball may be borrowed from the Y - these will be sanitized between uses
 - You may bring balls from home - you will be responsible for their sanitation
- **Can I walk in for a time slot without registering in advance?**
 - Prior registration is encouraged due to limited space available
 - Walk-ins are accepted if a time slot is available
 - Must register for the slot at Member Services
 - May use equipment that is available (basketball or volleyball) or bring your own
- **What can I expect when I arrive for my reserved time slot?**
 - Complete health screening and proceed to Member Services. View more guidelines [here](#) on the Reopening tab of our website.
 - Member Services staff will direct you to your quarter of the gym & give you your reserved equipment
 - Stay in your assigned quarter of the gym and maintain social distancing from other members outside of your household
 - If you are engaging in strenuous physical activity and feel that you need to remove your face covering, you may do so while remaining in your gym quarter and remaining physically distanced from other households. You must wear your face covering while entering and exiting your gym quarter (ages 5 and under), per the [Governor's Executive Order 20-81](#).
- **How do I cancel my Open Gym reservation?**
 - Call the Y at 507-645-0088 or email Alison at alison@northfieldymca.org
- **What happens if I am on the waitlist for a time slot?**
 - Alison will contact waitlist participants by email as soon as possible if a spot opens up