



Open Gym Frequently Asked Questions

- **Who can participate in Open Gym?**
 - All participants must be active Northfield YMCA members
 - Ages 5-12 must have an adult (18+) from their household in their gym quadrant with them (maintaining required physical distance)
 - Ages 13-14 must have an adult (18+) from their household in the facility
 - Ages 15+ do not require an adult in the facility
 - Maximum of 2 people per quarter of the gym (must be in the same household unit)
 - **ALL members must maintain 9+ ft of physical distance while participating in gym activities, even members of the same household (beginning Monday, January 11, 2021.12+ feet until that day).**
- **How do I register for a time slot?**
 - Registration is done online or by phone (507-645-0088)
 - Currently, one reservation per member, per day is allowed
 - **Maximum of 60 minutes usage per day**
- **What equipment may be used?**
 - 1 basketball and/or volleyball may be borrowed from the Y - these will be sanitized between uses
 - You may bring balls from home - you will be responsible for their sanitation
- **Can I walk in for a time slot without registering in advance?**
 - Prior registration is encouraged due to limited space available
 - Walk-ins are accepted if a time slot is available
 - Must register for the slot at Member Services
 - May use equipment that is available (basketball or volleyball) or bring your own
- **What can I expect when I arrive for my reserved time slot?**
 - Complete health screening and proceed to Member Services. View more guidelines [here](#) on the Reopening tab of our website.
 - Member Services staff will direct you to your quarter of the gym & give you your reserved equipment
 - Stay in your assigned quarter of the gym
 - If you plan to utilize another area of the facility after your gym reservation, please let Member Services know that you are changing locations
 - **Wear face covering at all times per the [Governor's Executive Order 20-81 and Order 20-103](#).**
- **How do I cancel my Open Gym reservation?**
 - Call the Y at 507-645-0088 or email Alison at alison@northfieldymca.org
- **What happens if I am on the waitlist for a time slot?**
 - A staff member will contact waitlist participants by email as soon as possible if a spot opens up

As of 1/8/2021, 1:30 pm

Please Note – Policies and procedures subject to change due to Executive Guidance