

2025: YEAR IN REVIEW

FROM THE CEO:

Growth can be measured in numbers, but more often it is felt in the day-to-day life of an organization. In 2025, the Northfield Area Family YMCA continued to grow in ways that are both visible and meaningful.

More individuals and families are choosing the Y as part of their routine. Membership is approaching 5,000, and with that comes a steady rhythm throughout the building. Programs are full. Spaces are active. There is a clear sense that the Y is playing an important role in how people connect, stay healthy, and support one another.

With that growth comes responsibility. Our focus remains on making sure every person who walks through our doors feels welcome and supported. That commitment is made possible through the generosity of this community. In 2025, our Annual Campaign reached another record of \$185,000. Those dollars directly support access through our Membership for All program, providing more than \$150,000 in membership and program assistance to individuals and families, with remaining dollars funding our mission-based programs. The impact shows up in real ways every day, from swim lessons and youth programs to wellness and social connection.

We also continue to adapt our programs to meet evolving needs. Rock Steady Boxing has quickly become an important part of our work, serving individuals and families navigating Parkinson's disease. Youth development remains at the center of what we do, with strong participation in afterschool clubs, sports, and leadership programs like Youth in Government.

As we look ahead, we are taking a thoughtful approach to how the Y continues to serve a growing and changing community. That means evaluating our spaces, strengthening partnerships, and making decisions that position the Y for long-term impact.

Growth for its own sake is not the goal - strengthening our ability to serve is. I am grateful to our staff, board, volunteers, donors, and members who continue to move this work forward. Because of you, the Northfield Y is building something that will serve this community well beyond today.

With appreciation,
Tyler Powell - CEO, Northfield Area Family YMCA

Statement of Activities	2025	2024
PUBLIC SUPPORT		
Contributions & Grants Payroll	\$166,714	\$200,828
Total Public Support	\$166,714	\$200,828
REVENUE, GAINS AND LOSSES		
Membership	\$1,419,558	\$1,210,119
Program Service Fees	\$279,077	\$233,530
Other Income	\$133,184	\$65,213
Total Revenue, Gains and Losses	\$1,998,533	\$1,508,862
Total Public Support, Revenues, Gains and Losses	\$2,165,247	\$1,709,690
EXPENSES		
Program Services	\$1,565,784	\$1,343,871
Management and General	\$596,787	\$623,068
Total Expenses	\$2,162,571	\$1,966,939
Changes in Net Assets	-\$164,038	-\$257,249
Net Assets - Beginning of Year	\$6,468,498	\$6,723,306
Net Assets - End of Year	\$6,307,143	\$6,468,498



NORTHFIELD AREA FAMILY YMCA
1501 Honeylocust Drive
Northfield, MN 55057

THE Y'S IMPACT

At the Northfield Y, we are deeply committed to serving our community and advancing our mission to build strong kids, strong families, and a strong community throughout Northfield and the surrounding areas. We are dedicated to creating meaningful impact by strengthening mind, body, and spirit for all.

Our work is rooted in three core focus areas that guide everything we do:

Youth Development: Nurturing the potential of every child and teen
Healthy Living: Promoting holistic health and well-being for all
Social Responsibility: Giving back and supporting our neighbors and community

SEE HOW WE'RE FULFILLING OUR MISSION

www.northfieldymca.org

2025 BOARD OF DIRECTORS

As of December 31, 2025

Carley Amys-Roe
Sally Bauer
Bryn Bridley
Ann Dunlap
Reed Hagberg
Diane Ibrahim
David Jacobsen

Kevin Johnson
Hope Langston, Vice Chair
Dan Neuger, Board Chair
Patrick O'Neill
Nan Rodgers
Adrian Thomas
John Tracy, Youth Board Member



2025 ANNUAL REPORT

NORTHFIELD AREA FAMILY YMCA



HEALTHY LIVING

At the Y, we believe in supporting holistic wellness for all. In 2025, we introduced several new programs designed to help individuals nurture every aspect of their well-being:

Create & Connect Craft Nights

Bringing community members together for an evening of creativity, connection, and fun. Participants take time to unwind, use their creative talents, and leave with something handmade and meaningful.

Momma Heart Yoga

A specialized class designed to provide a supportive space for moms to slow down, recharge, and focus on their mental and physical health during all stages of motherhood.

Sensory Swim

During this designated time each month, we turn the water features off, use quiet voices, and provide a relaxing, inclusive environment for sensory sensitive and neurodivergent individuals.

538

personal training sessions were provided to help individuals increase their stamina, build muscle, and reach their personal wellness goals.



35+

group exercise classes were offered each week, attributing to 320 completed weekly workouts by participants.



STAFF SPOTLIGHT: Julie Duncan

It is hard to believe that Julie's YMCA journey began only two years ago! According to Julie, she started working at the Y looking for a workplace that would offer "more than a desk job and a paycheck." Working early mornings at the Member Services desk, she quickly formed authentic relationships with the morning members and was eager to take on additional projects and learn new skills.

In her short time here, Julie has moved from part-time Member Services desk staff to full-time Member Experience Coordinator. Her dedication to developing her staff team, continual personal growth, and sharing her authentic self with staff and Y members is remarkable to watch.



Everyone that has met Julie knows that she is a force to be reckoned with. Julie's passion for learning drives her to seek new ways to support our community. She holds a myriad of certifications including Rock Steady Boxing Coach, Personal Trainer, Nutrition Coach, Corrective Exercise Specialist, Advanced Cardio Programming, Home Gym Design, and multiple leadership certifications through YUSA training.

Why the Y? For Julie, working at the Y is about doing what you can to impact yourself and your community. Julie's work at the Y has made a difference in her life as well as in the lives of countless YMCA members and staff. When asked: Why the Y? Julie stated, "Being a part of this community has given me purpose, connection, and a place where authenticity matters more than perfection."

YOUTH DEVELOPMENT

AFTERSCHOOL PROGRAMMING

By expanding our afterschool program transportation to include Greenvale Elementary, we were able to provide the opportunity for more youth in our community to participate in afterschool programs.

In 2025, we saw a huge increase in afterschool program registrations. To meet the growing demand, we were able to expand our program offerings each week. Kids in grades K-5 can choose from various activities such as Mad Science Club, Volleyball, Spanish Immersion Club, Pickleball, Soccer, and Crafts Club. Our program options are designed to allow youth to try something new - no matter their skill level or ability.



500+



Healthy Kids Day participants joined us at the Y to celebrate the health and well-being of children in our community. Special thanks to our 30 table sponsors and our Community Partners: KYMN Radio, POST, and Schieck Orthodontics!

YOUTH IN GOVERNMENT & MODEL UNITED NATIONS

2025 was an exciting year for Youth In Government (YIG) and Model United Nations (MUN) at the Northfield Y! Thanks to the support of generous donors, we were able to send a combined 110 student delegates (Grades 7-12) to the two main model legislative assemblies - making the Northfield delegation one of the largest in the state! The enthusiasm and leadership of the Northfield student steering committee allowed the Northfield students to stand out amongst their peers by writing, debating, and passing their legislation, running for elected offices, and creating new friendships and connections with students from across Minnesota.



Special thanks to the Northfield team of adult advisors and volunteer chaperones who dedicated their time and effort in keeping our young people safe and cared for while attending YIG and MUN. We could not have done it without them!



52



students had full access to the Northfield Y through Sponsored Student Memberships. These memberships are for any middle or high school student that is working towards their diploma or GED and would not otherwise have the means to afford a Y membership. All Sponsored Student Memberships are fully funded through donations made to our Annual Campaign.

450



private swimming lessons were given helping youth increase their water safety knowledge and improve swimming skills.

SOCIAL RESPONSIBILITY

BUS FOR US

The YMCA's Bus for Us program completed 251 trips this past year, helping address the need for affordable transportation among non-profit organizations in our community. You may have spotted our friendly drivers around town picking up kids for afterschool YMCA programs, ensuring Arcadia students can attend gym classes at the Y, transporting TORCH students on college visits, and taking Y summer campers on mid-week field trips.

At the Y, we believe strong communities are built through strong partnerships. That's why our vans are also available to support fellow non-profits, providing a reliable and affordable transportation option to help them reach their destinations. Please visit our website for more details.



MEMBERSHIP FOR ALL

During any given month of 2025, a minimum of 10% of our members had Y access through the Membership for All program. This program allows everyone in our community to be a part of the Y - regardless of their ability to pay full price for a membership. Funds raised by our Annual Campaign go directly to helping members by reducing monthly membership fees and program costs. This program is based on financial need and circumstance. Our Annual Campaign raised \$185,000 last year, helping hundreds of individuals become a part of our Y community.



ROCK STEADY BOXING

The positive impact our Rock Steady Boxing classes have made in the lives of its participants led to tremendous growth of the program in 2025. Participation doubled in size, driving us to expand our programming to four classes per week. This specialized exercise program is designed to manage and reduce the symptoms of Parkinson's disease by improving strength, balance, and overall quality of life.



Through the incredible support of community donors, the Y is able to offer this program free of charge to anyone with a Parkinson's diagnosis and doctor approval. This class has grown into a community of its own where participants share experiences, hardships, laughs, and friendship. Their determination is truly inspiring, and their presence has made a meaningful impact at the Northfield Area Family YMCA.



In partnership with the American Red Cross, the Northfield Y hosted four blood drives in the back half of our gymnasium in 2025 - proving that any space can be transformed to support healthy living for all. Together, we collected 93 units of blood and welcomed both new and returning donors from across our community.

875



members were enrolled in 24/7 access in 2025 - allowing them to work out when it works for them.