

LEARN. GROW. LEAD.

NORTHFIELD AREA FAMILY YMCA 2026 LEADERS IN TRAINING | APPLICATION



TO APPLY: Complete this application to be considered for the LIT program

COST: \$25 upon acceptance into the program (to cover cost of t-shirts and field trips for LIT cohort)

APPLICATION DEADLINE: Friday, May 1st, 2026 – Date for an interview will be discussed once application is turned in.

COMPLETE AND RETURN TO: Northfield Area Family YMCA – Izzy Hessian, Youth Development Coordinator.

MANDATORY REQUIREMENTS:

- You must be entering 7th or 8th grade in the fall of 2026
- You must take part in our mandatory application and interview process
- You must submit two references that you would be comfortable with us reaching out to regarding your character, strengths, and areas of improvement

Please note that we have a limited number of LIT openings. We accept the strongest candidates who take care in filling out this application and demonstrate a desire to learn and grow as leaders in our community, demonstrating the Y Core Values of Respect, Responsibility, Caring, and Honesty at a consistent level.

PERSONAL AND PARENT/GUARDIAN INFORMATION

Name _____ Grade Entering Fall '26 _____

Address _____ Date of Birth _____

City _____ State _____ ZIP _____ Circle T-Shirt Size: XS S M L XL 2XL

School _____ Phone _____

Email _____

Parent/Guardian Name _____ Phone _____ Email _____

Parent/Guardian Name _____ Phone _____ Email _____

EXPERIENCE

Have you participated in a Y LIT Program in the past? YES _____ NO _____

Have you participated in Summer Camp at the Northfield Y? YES _____ NO _____

Have you ever been a leader for kids before? YES _____ NO _____

If so, how many years: _____

What do you have experience with and/or what do you enjoy doing? Please check at least one of the categories below.

Arts and Crafts _____ Music _____ Theater _____ Reading _____ Singing _____
Hiking _____
Nature/Ecology _____ Science _____ Dancing _____ Writing _____ Spanish _____
Swimming _____
Sports (list all that apply)

Please list any special talents or hobbies:

TIME PREFERENCE & AVAILABILITY

How many hours per day are you willing to commit to be an LIT? _____

What is your preference for time of day? (Please select at least one):

Mornings _____ Afternoons _____ Main Program Day (10am-4pm) _____ No preference _____

What days of the week are you available? Monday _____ Tuesday _____ Wednesday _____ Thursday _____
Friday _____

QUESTIONNAIRE

Please answer the following questions with as much detail as possible. Students MUST fill out these questions by themselves.

1. Describe any current or past leadership experience.
2. At the Y, we have four Core Values: Respect, Responsibility, Caring, and Honesty. Which of these values matters most to you and why?

3. LITs are not like regular campers. They have much more responsibility because they are constantly working with others as members of our Summer Camp team. What have you done in your life that shows us you are responsible and will be a good teammate?

4. Why do you want to be a Leader in Training at the YMCA?

5. An important part of many application processes is to include references. References are trusted adults or individuals in your lives that typically have overseen or observed you at school, at home, during sports or activities, etc. and who can speak to your skills, abilities, and characteristics that would make you a good – or not so good – fit for a given position. Below, please list TWO references (their name, phone number, and email address) for you. You may list only ONE parent or close family member!

I certify that all statements made by me on this application are true to the best of my knowledge. I can, with reasonable accommodation, perform the essential elements of the position for which I am applying.

Applicant's Signature _____ Date _____

I give my child permission to participate in the Leaders in Training program. In case of a medical emergency during which I cannot be reached, I hereby authorize any necessary medical care for my child. I also waive and release any and all claims for injuries, damages, or theft that may occur as a result of my child's participation in this program.

Parent/Guardian's Signature _____ Date _____