

Fitness Incentive Programs for **MY Fitness Rewards**

Eligible members that participate in the Fitness Incentive Programs
(Contact your provider to confirm eligibility)

1. **Ask front desk**, My Fitness Barcode: _____
(Unique Identifier)

2. Go to **MyFitnessRewards.org**

3. If you have NEVER completed an online enrollment, click "**New Enrollment**"



4. IF you've enrolled before, please do **not** complete another enrollment form. Instead, hover over "**Members**," click "**Member Login**," then click "**Forgot Password**." From there, enter your email address, click "**Send Password Reset Link**," and check your email for the next steps. You can then login to update any member information (banking, insurance, barcode, etc) or to view reimbursement history.



If you have any further questions, please talk to the Manager at your fitness facility
or you may call NIHCA at (320) 722-0084