# MIDDLE SCHOOL SPORTS OF ALL SORTS Grades 6-8

Thursdays (No Class Oct 17) 5:00 - 6:00 PM \$30 Members / \$50 Non-Member

Throughout the session, participants will enjoy playing popular sports and try something new every time! This program can serve as a great form of casual, fun exercise for Middle School students looking for something to do with friends after class.

# SATURDAY FLAG FOOTBALL Sept 9 - Oct 12

Grades K-2 Grades 3-5

9:00 - 10:00 AM 10:15 - 11:15 AM

\$50 Members / \$75 Non-Member

This program is a non-contact introduction to the world and rules of flag football, focusing on beginner and intermediate skills and teaching kids the qualities of teamwork and sportsmanship



REGISTER ONLINE
REGISTRATION OPENS
AUGUST 12

#### **SPECIAL EVENTS!**

SCHOOL'S OUT DAYS
Grades K-5th

Oct 17 & Oct 18

7:00 AM - 5:00 PM

\$60 Members / \$85 Non-Member

#### PARENT'S NIGHT OUT Grades K-5th

Friday, Sept 27 6:00 - 8:00 PM \$25 Members / \$35 Non-Member

**CONTACT US NOW!** 507-645-0088

www.northfieldymca.org

Northfield Area Family YMCA
1501 Honeylocust Dr. Northfield, MN 55057

### **Youth Programming**



Fall 1 Session
Sept 2 - Oct 25





# Preschool Enrichment

Ages 3-5

#### **Kindersports**

#### Tuesdays

9:30 - 10:15 AM

\$20 Members / \$40 Non-Member Kids will learn the basic skills for different sports using fun activities, music, and a non-competitive environment.

#### **Monkey Tales**

#### Wednesdays

9:30 - 10:15 AM

\$20 Members / \$40 Non-Member
Kids will learn about and marvel in story
time, crafts, and other enrichment

#### Movin' & Groovin'

**Thursdays** (No class Oct 17)

9:30 - 10:15 AM

\$20 Members / \$40 Non-Member
Kids will explore musical instruments,
different types of music and play and
dance in a fun interactive environment.

## **Specialty Programs**

Grades 1-5

#### **Afterschool Spanish Club**

#### **Mondays**

3:45 - 4:45 PM

\$30 Members / \$50 Non-Member Students will get the opportunity to learn something new and walk away with basic vocabulary and phrases.

#### Afterschool STEM Club

#### **Tuesdays**

3:45 - 4:45 PM

\$30 Members / \$50 Non-Member Students will learn more about the world of STEM in a relaxed environment.

#### **Afterschool Crafts Club**

#### Wednesdays

3:45 - 4:45 PM

\$30 Members / \$50 Non-Member Students will learn about and create a wide variety of craft projects.

#### **Homeschool PE**

Grades 1-10

Fridays (No class Oct 18)

10:00 - 11:00 AM

\$30 Members / \$50 Non-Member
Lessons that promote fun, physical
activity, and the building blocks for general
wellness and a healthy lifestyle!

### **Youth Sports**

Grades 1-5

#### **Afterschool Sports of All Sorts**

#### **Mondays**

3:45 - 4:45 PM

\$30 Members / \$50 Non-Member

#### **Afterschool Soccer**

Tuesdays

3:45 - 4:45 PM

\$30 Members / \$50 Non-Member

#### **Afterschool Volleyball**

#### Wednesdays

3:45 - 4:45 PM

\$30 Members / \$50 Non-Member

#### **Afterschool Flag Football**

Thursdays (No class Oct 17)

3:45 - 4:45 PM

\$30 Members / \$50 Non-Member

#### Kids Karate Ages 8-12

Wednesdays

3:45 - 4:30 PM

\$35 Members / \$70 Non-Member

An introduction to Shotokan Style Karate. Kids will learn confidence, self-defense, self-discipline in fun, non-contact classes.