



## Northfield Area Family YMCA Pool FAQs

- **What are the pool hours?**

- Monday-Thursday: 5a-1p, 3:30-7:30p
- Friday: 5a-1p, 3:30-6:30p
- Saturday: 7a-3:00p
- Sunday: 8a-1:30p

- **What pool usage is available?**

**For ages 13+**

- Lap swim
- Aqua Exercise classes
- Group and Private Swim Lessons
- Family/Open Swim

**For ages 10-12, (guardian 16+ required in the facility)**

- Lap Swim
- Family/Open Swim

**Ages 9 and under**

- Family Open Swim with guardian (16+) in the pool area

- **Do I need to make a reservation?**

- Lap lane reservations are appreciated. Family/Open swim does not require a reservation.
- Timeslots are 55 minutes long, with 5 minutes between reservations.

- **How do I make a reservation?**

- You can register online at our website at [northfieldymca.org](http://northfieldymca.org) or by calling 507-645-0088.
- Reservations open on Saturdays for the following week.

- **Can I use the equipment?**

- Yes. Kickboards, foam weights, pull buoys, and pool noodles are available for you to use.

- **Can I use the locker rooms? Yes.**

- **What are the capacities and distancing requirements?**

- Two people per lane, with 'slide lane' limited to 1 (limit of 5 people lap swimming at a time).

**Any additional questions or concerns can be directed to Anne Kirchberg, Program Director**

Phone: 507-645-0088

Email: [anne@northfieldymca.org](mailto:anne@northfieldymca.org)



## Lap Swim Schedule

### LAP SWIM WEEKDAYS

#### MORNINGS

5:05-6:00a  
6:05-7:00a  
7:05-8:00a  
8:05-9:00a  
9:05-10:00a

Tues/Thurs-Water Exercise

10:05-11:00a

10:15-11:00a

Wed-Water Exercise

11:05-12:00p  
12:05-12:50p

#### AFTERNOONS

3:30-4:25p Mon-Fri  
4:30-5:25p Mon-Fri  
5:30-6:25p Mon-Fri  
6:30-7:25p Mon-Thurs

### LAP SWIM WEEKENDS

#### SATURDAYS

7:05-8:00a  
8:05-9:00a  
9:05-10:00a

#### SUNDAYS

8:05-9:00a  
9:05-10:00a  
10:05-11a Sundays  
11:15a-12noon  
Sun-Water Exercise

### Family/Open Swim

- Drop-In any time during pool hours for open swim, no reservations needed!
- Check our website for pool hours

### Full-Pool Open Swim

Check our website for select hours of all-pool family fun on Fridays, Saturdays and Sundays