



Group Swimming Lessons – Ages 6 months and up

Parent Child A/B: \$15 Y Members/\$30 All Others

Stages 1-6: \$40 Y Members/\$60 All Others

January Swimming Lessons

Mon/Wed: January 3 – January 20

Parent Child A/B: 4:10-4:50p

Stage 1-Water Acclimation: 5:00-5:40p

Stage 2-Water Movement: 5:50-6:30p

Tues/Thurs: January 4 – January 20

Stage 3-Water Stamina: 4:10-4:50p

Stage 4-Stroke Introduction: 5:00-5:40p

Stage 5 & 6-Stroke Development & Mechanics: 5:50-6:30p

Private Swim Lessons are available for all ages, pending instructor availability. Inquire for more information.

Pre-registration required

Register online at www.northfieldymca.org or by phone (507)-645-0088.

Questions? Call 507-645-0088 or email Anne at: anne@northfieldymca.org