



Northfield Area Family YMCA Pool FAQs

- **What are the pool hours?**
 - Monday-Thursday: 5a-1p, 3:30-7:30p
 - Friday: 5a-1p, 3:30-6:30p
 - Saturday: 7a-1:30p
 - Sunday: 8a-1:30p
- **What pool usage is available?**

For ages 13+

 - Lap swim
 - Aqua Exercise classes
 - Group and Private Swim Lessons
 - Family/Open Swim

For ages 10-12, (guardian 16+ required in the facility)

 - Lap Swim
 - Family/Open Swim

Ages 9 and under

 - Family Open Swim with guardian (16+) in the pool area
- **Do I need to make a reservation?**
 - Lap lanes require a reservation. Family/Open swim does not require a reservation.
 - Timeslots are 55 minutes long, with 5 minutes between reservations.
- **How do I make a reservation?**
 - You can register online at our website at northfieldymca.org or by calling 507-645-0088.
 - Reservations open on Saturdays for the following week.
- **Can I use the equipment?**
 - Yes. Kickboards, foam weights, pull buoys, and pool noodles are available for you to use.
- **Can I use the locker rooms?** Yes.
- **Do I need to wear my mask in the pool?**
 - No. Masks are not required in the facility for those fully vaccinated. Masks are strongly encouraged for those not vaccinated.
 - Children ages 5-11 are required to wear a mask in our facility, including on the pool deck, but masks should be removed when in the water.
 - Swim instructors will wear masks while giving lessons.
- **What are the capacities and distancing requirements?**
 - Two people per lane (limit of 6 people lap swimming at a time).

Any additional questions or concerns can be directed to Anne Kirchberg, Program Director

Phone: 507-645-0088

Email: anne@northfieldymca.org



Lap Swim Schedule

Pre-register for lap swim online at www.northfieldymca.org or by calling 507-645-0088.
Questions? Call 507-645-0088 or email Anne Kirchberg at: anne@northfieldymca.org

WEEKDAYS

MORNINGS

5:05-6:00a

6:05-7:00a

7:05-8:00a

8:05-9:00a

9:05-10:00a

Tues/Thurs-Water Exercise

10:05-11:00a

10:15-11:00a

Wed-Water Exercise

11:05-12:00p

12:05-12:50p

AFTERNOONS

3:30-4:25p Mon-Fri

4:30-5:25p Mon-Thur

5:30-6:25p Mon-Thur

6:30-7:25p Mon-Thur

WEEKENDS

7:05-8:00a

8:05-9:00a

9:05-10:00a

10:05-11a Sundays

11:15a-12noon

Sun-Water Exercise

Family/Open Swim

- Drop-In any time during pool hours for open swim, no reservations needed!
- Check our website for hours.

Full-Pool Family Swim

Friday, 4:30-6:30p

Sat, 10a-1:30p

Sun, 12-1:30p