

# Healthy CHAMPS

**Exhaustive Giggles & Running, Outdoor FUN!**  
**Goal: Provide safe, quality physical activity for children enrolled in-home licensed daycares.**

Supporting in-home daycare providers by offering alternative physical activity opportunities (**we set up and clean up!**).  
Strengthening daycare providers networks to exchange ideas

**May & June Physical Activity! Join Us!**

Daycare Centers must be a member of the United Providers Association  
(registration for membership is only \$25)

- Who:** In-Home Licensed Daycares
- When:** Obstacle Course Challenge-**May 25th**  
Location: **Oddfellows Park**  
Triathlon Fun-**June 8th**  
Location: **Central Park**  
Water Fun-**June 22nd**  
Location: **Washington Park** (city hall)  
EcoTrans pick-ups: 9-9:30  
Program: 9:30-11:00 am  
EcoTrans drop-offs: 11-11:30
- Fee:** Providers w/ 6+ children: \$25 week  
Providers w/ 3-5 children: \$15 week  
Providers w/high rate county assistance or less than 3 children: \$10 week

**Registration deadline: Monday noon, day prior.**  
**Sign up for one week at a time.**  
**Contact Stacy Waters (507-581-9142)**  
**for more information.**

United Providers  
Association  
Benefit for  
Member Daycare Centers!



## Transportation provided

This program is a partnership between the Northfield Area Family YMCA, the United Providers Association and Rice County Public Health with funding from General Mills. Transportation support from EcoTrans.

**Participation in these sessions counts toward ongoing licensure with Rice County!**

**Northfield Area Family YMCA**  
519 Division Street  
Phone: 507-645-0088  
[www.northfieldymca.org](http://www.northfieldymca.org)

**United Providers Association**  
(also known as Northfield Child  
Care Association)  
Phone: 507-581-9142

Easy register online at [www.northfieldymca.org](http://www.northfieldymca.org).

Increasing awareness of the importance of physical activity for the healthy development of our youth and providing opportunities for year-round healthy exercise and social interaction for the kids and adults.